

Has Your Darling Son/Daughter Been Replaced
by a Scowling Stranger Who Questions Your Every Action?

Delay Your GrayTM

*How to Keep Your Teenager Safe
and Yourself Sane*

A Fun and Informative Program for Parents

Workshop leader Liz Driscoll Jorgensen CADC is a counselor in private practice at Insight Counseling L.L.C., and the mother of four children. In addition to parenting her own teenagers, she shares 23 years of experience with parents in an easy and humorous manner. Liz has presented professional workshops nationally, including programs at Harvard and Dartmouth Universities, as well as hundreds of parenting programs.

Participants will discuss and learn:

- How to understand adolescent development, "What is normal?"
- How to set effective limits with pre teens and teens
- How to keep your teen safe from alcohol and other drug use.
- How to have a sense of humor and "walk away" from your teenager's intense moods.
- How to increase the partnership with your spouse (or ex-spouse) to create team parenting strategies.
- How to create and increase your network of like minded parents.
- How to enjoy your teenager!

"Delay Your Gray was the most practical information I have ever received, and we laughed all the way through it!" (Parent, Wilton, CT)

"My husband and I are laughing and enjoying our boys again. It (the program) made such a huge difference. Thanks so much!" (Mother of two teens, Redding, CT)

"Thank you, thank you, thank you! Thank you for your time, your message and your work! Bring Liz Jorgensen back!" (Father of two middle school sons, Easton, CT)

PERSONALIZE THE FLYER HERE

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